

# North Bay OA Intergroup Meeting Minutes

April 19, 2025

8:30 am - 9:30 am [via zoom](#)

## Call to Action/Shout Outs

- ★ **Day in OA - April 26th**
  - 1:00 pm - 3:30 pm, Lucchesi Center, Petaluma
  - Please call people and extend a personal invitation. We would like as many people as possible to attend.
  
- ★ **Supporting Newcomers & Supporting Members in finding Sponsors**
  - How can we offer support?
    - Please discuss at meetings and bring feedback back to intergroup
  
- ★ **Zoom Hosts**
  - Many meetings need zoom hosts
  - Consider doing a self guided “training”
  - Visit [this link](#) on the OA San Diego website

## In Attendance:

Deborah Sw.	Intergroup Chair	
Fionn	Intergroup Vice Chair	
Diane G	Intergroup Secretary	
Aida	Intergroup Treasurer	
Nan N	Group Rep	Wednesday, 6:00 pm & Sunday 8:00 am
Kaaren G	Group Rep	Thursday, 7:30 pm, Petaluma
Deana	Group Rep	Petaluma Tuesday 6:00 and Monday 12:15
Ellen N	Group Rep	Friday night 6:15 zoom
Erica T	Region 2 Rep	
April	Group Rep	sunday
Abigail Z.	Group Rep	Santa Rosa Sunday 4pm
Sherrill D	Group Rep	Thurs 1215 Santa Rosa
Nancy B	Group Rep	Monday 1:30 pm Corte Madera
Eleanor W	Group Rep	Napa OA Saturday 9:30a.m.
Brenda B	Group Rep	9am Zoom Literature Mtg Santa Rosa
Lynn H.	Region 2 Rep	
JANET L	Group Rep	WEDNESDAY EVE SEBASTOPOL

## Call to Order:

8:30 am by chair Deborah Sw.

## Welcome and OA Readings (8:30-8:40)

1. Opening prayer
2. Twelve traditions
3. Twelve concepts

## Consent Agenda:

1. [March 2025 Minutes](#)  
Motion by Kaaren; seconded by Sherrill  
Approved
2. [Treasurer's Report](#)  
[March 2025 Expenses](#)  
[March 2025 Income](#)  
Motion by Fionn; seconded by Nan N.  
Approved

## **TREASURER'S REPORT: MARCH 2025**

**Checking Account Balance 04/01/2025: \$7955.91**

[includes paypal deposit on 4/1]

**Savings Account Balance 04/01/2025: \$5,000.17**

*Prudent Reserve: \$3600.00*

*Travel Reserve: \$1000.00*

*Retreat Reserve: \$8500.00*

**TOTAL RESERVE: \$13,100.00**

**Balance Over Reserve: -\$143.92** [day in OA deposit paid from reserve]

**No action required at this time**

## **FEBRUARY TRANSACTIONS**

### Expenses:

Website \$60

Deposit for Day in OA event: \$472

### Income:

\$220.65 Member Donations

\$166.71 Meeting Donations (see attached detail list)

\$0.04 Interest Earned

**Reconciled Balance 04/01/2025: \$12956.08**

## **ONGOING NOTIFICATIONS**

Please include meeting ID # with donation whether by zelle, paypal or check

Zelle is the preferred donation method. Paypal charges fees, and paper checks will take longer to process.

IRS misspelled the new name in their system. This is causing a delay in updating email accounts.

Seeking Zoom Coordinator to assist me with management of the Zoom accounts. Minimal time commitment.

Yours in Service,  
Aida Good

### Board/Committee Reports (8:40-9:05) 3 minutes each

1. Chair - Deborah Sw.
  - a. PIPO (Public Information and Outreach) position
    - i. Do we have someone who would like to lead this? One person is willing to help but we need someone to lead
    - ii. It was decided at a previous meeting that Fionn would lead this. He will reach out to Bobbie
  - ~~b. Request from Region 2~~
2. Vice-Chair - Fionn
  - a. No report
3. Secretary - Diane G.
  - a. [Day in OA](#) - April 26th, 1:00 pm - 3:30 pm, Lucchesi Center, Petaluma
    - i. Call folks to invite directly
    - ii. We would love to unite Napa, Sonoma, Marin
    - iii. Lucchesi Center is on North McDowell, across from the shopping center by the "lake"
      1. 320 North McDowell, Petaluma, CA
4. Communications Secretary - Gayl
  - a. [Correspondence Log](#)
5. Region 2 (R2) Representatives - Lynn
  - a. Lynn - Assembly was at the end of March
  - b. Most of the propositions and motions were related to the Bylaws
    - i. One assembly will be virtual and one will be after the Region 2 conference
    - ii. North Bay OA needs to approve the following for their bylaws:
      1. The addition specifies that we are not to change the wording of the steps, traditions or concepts as they belong to AA. This is a legal issue. We cannot change the wording of any AA literature. This could only be changed at the WSO level.
      2. Here was the proposal: Lynn H. moved, Sherrill seconded:

In order to align with the OA, Inc. Bylaws requirements, to add the NBOA INC Bylaws the following:

Section II, D) Amending the Steps, Traditions and Concepts of OA

NBOA IG may not make amendments to the Twelve Steps, Twelve Traditions, and Twelve Concepts except as per OA, Inc. Bylaws, Subpart B, Article XII, Section 1 – Procedure: *Except as otherwise specified by theses [OA, Inc.] bylaws, proposed amendments to Subpart B may be adopted by a two-thirds vote of the delegates present and voting providing a quorum is present.*

3. Discussion:
  - a. Bobbie - if meetings are autonomous, Can an individual group change the wording? No, they can not. This is a legal issue.

- b. Sherrill - She has never been in a meeting where the script is changed, but sometimes when someone reads it, they change the wording. Is that okay? Officially, we are being asked to print, post and read it as written.
        - i. Deborah Sw - we need to support this or we cannot be a part of the broader OA WSO. (Aida says the same thing). Deborah calls the vote
      - c. Vote 14 in favor, 4 abstentions
    - iii. Erica has stepped forward to be R2 Rep with Lynn
- 6. World Service Representatives
  - a. No Report
- 7. Retreat Committee Report
  - a. No Report
- 8. Group Rep Reports

### Ongoing Business (9:05-9:15)

1. How are we strengthening and supporting our fellowship?
  - a. IG Reps present ideas for supporting meetings
    - i. Kaaren Saturday Rohnert park 8:15am meeting
      1. Discussed this at a business meeting. Some ideas:
        - a. Going to more in person meetings
        - b. Commitment to call one person a week
        - c. 12th step within - on the 12th day of every month - do outreach
        - d. Text chain during the week focusing on recovery moments to share. The Saturday meeting has started doing this and it has been very helpful for our program.
    - ii. Abigail Sunday 4:00 in person Santa Rosa
      1. Have each meeting add a "newcomer" format whereby they add a section to their meeting if there is a newcomer that helps them in some way- ideas to look at The Napa Saturday meeting has a format. The Sunday Santa Rosa meeting has a format.
      2. Ask meetings to talk about how newcomers are supported
  - iii. Nancy B
    1. We need to keep working on the speaker list
    2. It would be great to get this done to help meetings find speakers
    3. Lynn had been working on this, but her life has gotten very full. Fionn will now be spearheading this. Lynn has a list that is "unofficial" that she can share. Email Lynn if you want this list.
  - iv. Fionn
    1. Call to action - how do we support connecting with sponsors?
    2. Thank you to reps for bringing ideas, comments, etc. to intergroup
  - v. Deborah Sw.
    1. Zoom hosts are needed. How do we increase the number of people who are able to be Zoom hosts?
    2. Can we do a workshop to teach people how to do that?
    3. We need people to do this. Link to self taught
      - a. Zoom hosting - <https://oasandiego.org/zoom/>
  - vi. Bobbie & Deborah Sw.
    1. How can we help connect newcomers with sponsors?
    2. List of folks who are available to sponsor can be given the list to try to find a sponsor
  - vii. Sherrill - Newcomer packets - in person give a copy with phone numbers

1. online link to newcomer packet -  
<https://media.oa.org/app/uploads/2022/06/30133023/where-do-i-start-everything-a-newcomer-needs-to-know.pdf>
- viii. Eleanor - do people want a copy of an example of a meeting that has a time for newcomers built in. She will send a copy to Diane to put a link in the minutes. Still in progress 4/21/25
- ix. Lynn - has a pamphlet about how to talk to newcomers
  1. Don't just give literature
  2. Invite them to another meeting that you go to, so they have someone there that they recognize and have made a personal connection with
- x. Bobbie - Tuesday night Napa
  1. There is a "plain" language big book
  2. AA approved literature
  3. But maybe not by OA
  4. We may need to research this some more
  5. Lynn referenced the [oa.org](https://www.oa.org) website where not all AA Conference approved literature is approved by OA's Conference but just a limited list.

### **New Business (9:15-9:25)**

2. Discuss Public Information and outreach
  - a. Deborah Sw. - Region 2 outreach chair needs to connect with our PIC - she will give the info to Fionn & Bobbie
3. Lynn - Proposes that we, as intergroup, make a donation to the R2 convention to support various parts of the convention, i.e., prizes
  - a. Many folks who are planning the convention lost homes in January in So. Cal. This would be a great support.
  - b. We will put this in May meeting be on "old business"
4. Put on "New business" in May - pick new wording for "call to action/shout outs"

### **Closing (9:25-9:30)**

1. Responsibility Pledge
2. Serenity Prayer

North Bay OA Intergroup Meets the 3rd Saturday of every month

<https://zoom.us/j/342376608?pwd=YzBNYjFic2lUNlErcDdKeTVOdVIPUT09>

**Next IG Meeting May 17, 2025**