

North Bay OA Intergroup Meeting Minutes

October 18th, 2025

8:30 am - 9:30 am [via zoom](#)

In Attendance:

Deborah S	Intergroup Officer	Chair
Aida	Intergroup Officer	Treasurer
Lynn H	Intergroup Officer	Secretary
Gayl D	Intergroup Officer	Correspondence Secretary
Sherrill	Group Rep	Mon 12:15pm Online
Sophia F	Group Rep	Mon 7:00 pm Online
Brenda B.	Group Rep	Tues 9:00 am - Online
Bobbie C	Group Rep	Tues 6:00 pm Hybrid
Nan N	Group Rep	Wed 6:00 pm & Sun 8:00 am-Online
Roberta W	Group Rep	Thurs 6:30 pm - In Person
Glo W	Group Rep	Fri 9:00 am - Online
Ellen N.	Group Rep	Fri 6:15 pm - Online
Eleanor W	Group Rep	Sat 9:30 am - Online
Brigid	Group Rep	Sat 10:15 am - In Person
Abigail Z	Group Rep	Sun 4:00 pm - In Person

Welcome and OA Readings (8:30-8:40)

1. Call to order at 8:30 am
2. Serenity prayer
3. Twelve Traditions
4. Twelve Concepts

Consent Agenda:

1. Approve September 2025 Minutes
 - a. Moved by Eleanor; Seconded by Gayl
 - b. Approved with 1 abstention
2. **TREASURER'S REPORT: Approve September, 2025 Report**
 - a. Moved by Ellen; Seconded by Lynn H.
 - b. Approved with 2 abstentions.

Checking Account Balance 10/1/2025: \$8,523.67

Savings Account Balance 10/1/2025: \$8,546.48

TOTAL FUNDS ON HAND 10/1/2025: \$17,070.15

Prudent Reserve: \$3600.00

Travel Reserve: \$1000.00

Retreat Reserve: \$8500.00

TOTAL RESERVE: \$13,100.00

Balance over Reserve: \$3970.15 [donation of excess to WSO & R2 will be proposed by new treasurer after the start of the new year]

SEPTEMBER TRANSACTIONS

Expenses:

Website \$60

Income:

Meeting Donations: \$935.00

Member Donations: \$409.94

Interest: \$.07

Reconciled Balance 10/1/2025 \$17,070.15

OTHER BUSINESS NEW EMAIL ADDRESS!

*New email addresses have been approved. Please use treasurer@northbayoa.org for questions.

*Please use treasurer@northbaooa.org for Zelle payments and Paypal payments.

Board/Committee Reports (8:40-9:05)

1. Chair- Deborah Sw.
 - a. Please pitch that we have elections and need a new Chair
2. Vice-Chair – (vacant)
3. Secretary – Lynn H.
 - a. Is serving only through December. Please announce this is an open position
4. Communications Secretary:- Gayl D.
 - a. The recordings are to be uploaded by our webmaster, Mary Higgins but there is an uploading glitch to the email. Ellen volunteered to assist to post on the website. Bobbie is also willing to assist.
5. Treasurer – Aida G,
 - a. She has served her term and this position will be open, but she is also willing to serve another term if someone steps up to be Chair. On candidate needed to step down.
 - b. One change to the Budget is to add \$400 to the Day in OA. We will vote on the budget and nominate people to the open positions in November and elect in December.
6. Region 2 Representative – Erica T. (absent)
7. World Service Delegate – Robert (absent)
8. Outreach/ Public Information Committee – Bobbie C.
 - a. Asked if meetings have health professionals who would be open to receiving information about OA to share with their patients, clients, etc. please email the committee at publicinformation@northbayoa.org
 - b. The committee published announcements for in-person newcomer meetings in local newspapers across Sonoma, Marin and Napa counties. No newcomers attended the Napa meeting. Please let the committee know if any newcomers attended the San Rafael or Santa Rosa meetings as a result of their outreach
 - c. They are collecting contact information for medical offices in Marin, Napa and Sonoma counties to build a distribution for public outreach. Please help if you can by sending lists of doctors and other medical professionals
9. Events Committee – Sherrill R.
 - a. They are doing the final walkthrough for the Day in OA October 25th. Please organize your own carpools.
10. Retreat Committee – Andrea N. (no report)

Group Rep Reports

1. Abigail: It was suggested that wording about this section of the agenda explain that this is the time for Reps to share specific information about the individual groups with Intergroup, or bring up questions or needs. Suggested: “This is the time/place where you can share information or questions.” This is voluntary.

2. Glo, her group was grateful for the help in transitioning to the NBOA zoom account.
3. Brenda B. Now that her group has the NBOA email her group is getting a lot of new people from other areas
4. Abigail: Asks what the solution is for selling literature at meeting and the payment of sales tax . Aida said a meeting can set up a tax account for state and county. Books could be purchased and donated with no tax required. It was suggested we have a discussion in IG about this. Lynn H. volunteered to reach out to other Intergroup to see what they are doing. At the last Assembly, Region 2 reported that they tried to organize something but it fell through.
5. Aida: Will reach out to the insurance company which Sonoma IG used to see if they will cover our new Intergroup.

Old Business (9:05-9:15)

1. How are we strengthening and supporting our fellowship? (Standing Agenda Item)

New Business

Open positions:

- Officers: Chair, Vice Chair, Treasurer, Secretary as of January 2026
- zoom Liaison service position to set up NBOA zoom account for meetings and troubleshoot

Shout Outs - To be shared with meetings by Group Reps

- ★ **Shout Out #1**
 - Please coordinate your own carpool groups for the Day in OA on Oct. 25th
- ★ **Shout Out #2**
 - Our Treasurer, Aida, needs someone to volunteer for the zoom position to help groups set up their NBOA zoom accounts (a zoom tech)
- ★ **Shout Out #3**
 - Calling for new officers for 2026; Chair, Vice Chair, Treasurer, Secretary, zoom tech, Events Coordinator

Closing (9:25-9:30)

1. Meeting closed at 9:30 am with:
 - a. The OA Responsibility Pledge: *"Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible."*
 - b. Serenity Prayer, "We Version"

North Bay OA Intergroup Meets the 3rd Saturday of every month

Next IG Meeting Dates:

- ◆ November 15th, 2025
- ◆ December 20th, 2025

Meeting :

<https://zoom.us/j/342376608?pwd=YzBNYjFlc21UN1ErcDdKeTVOdVIPUT09>

ID: 342 376 608 Password: 88317