

North Bay OA Intergroup Meeting Minutes September 20, 2025

Shout Outs - To be shared with meetings by group reps

★ **Shout Out #1**

- Please note that the **treasurer email has changed to treasurer@northbayoa.org**. Zelle payments should be sent to that email address moving forward.

★ **Shout Out #2**

- **Day in OA - Supporting Our Fellows**
Saturday, October 25th
1:00 pm - 3:30 pm
Episcopal Church of the Nativity
333 Ellen Drive, San Rafael

★ **Shout Out #3**

- **Service positions available in intergroup**
 - Chair; vice-chair; treasurer; secretary; zoom host
 Intergroup meets the 3rd Saturday of every month. For more info, [visit the website](#)
 If you are ready to give service with the intergroup, please contact Deborah S. ds_swett@comcast.net

★ **Shout Out #4**

- The World Service Office has new recommendations for 7th tradition giving:
 - 50% to intergroup; 40% to WSO; 10% to region 2

★ **Shout Out #5**

- **Outreach/Public Information Committee**
The committee is working hard to spread the OA message
If this is service you are ready to give, please email at publicinformation@northbayoa.org

In Attendance:

Deborah S.	Intergroup Officer	Chair
Diane G.	Intergroup Officer	Secretary
Fionn	Intergroup Officer	Vice-Chair
Matthew	Other	
Ellen N	Group Rep	Friday 6:15 on Zoom
Andrea N	Other	
Sherrill	Group Rep	Thurs 1215 Santa Rosa
Eleanor W	Group Rep	Napa Saturday morning
Roberta W.	Group Rep	San Rafael Thursdays
Nancy B	Group Rep	Monday 1:30pm Corte Madera
Aida	Intergroup Officer	Treasurer
Lynn H	Other	
Janet L	Group Rep	Wed. night Sebastopol

Kaaren G	Group Rep	Saturday, 8:15 a.m., Rohnert Park
Brenda B	Group Rep	Tues 9am zoom Literature mtg
Robert m	Other	World Service Delegate
Gayl D	Intergroup Officer	Correspondence Secretary

Welcome and OA Readings (8:30-8:40)

1. Call to order at 8:30 am
2. Opening prayer
3. Twelve traditions
4. Twelve concepts

Consent Agenda:

1. Approve [August 2025 Minutes](#)
 - a. Moved by Sherrill; Seconded by Brenda B
 - b. Approved - 2 absentions
2. [Treasury Report](#)
[August Income-Expenses](#)
[August Donations by Meeting](#)
 Moved by Kaaren G.; Seconded by Eleanor
 Approved with one abstention

TREASURER'S REPORT: AUGUST

Checking Account Balance 8/31/2025: \$7235.73

Savings Account Balance 8/31/2025: \$8536.41

TOTAL FUNDS ON HAND 8/31/2025: \$15,772.14

Prudent Reserve: \$3600.00

Travel Reserve: \$1000.00

Retreat Reserve: \$8500.00

TOTAL RESERVE: \$13,100.00

AUGUST TRANSACTIONS

Expenses:

Website \$60

Income:

Meeting Donations: \$367.93

Member Donations: \$232.46

Interest: \$.07

Reconciled Balance 8/31/2025 \$15,772.14

OTHER BUSINESS NEW TREASURER EMAIL ADDRESS!

*New email addresses have been approved. Please use treasurer@northbayoa.org for questions.

*Please use treasurer@northbaooa.org for Zelle payments and Paypal payments.

Board/Committee Reports (8:40-9:05) 3 minutes each

1. Chair - Deborah S.
 - a. 3 intergroup positions available in January:
 - i. Chair - someone is interested

- ii. Vice-Chair - Lynn is interested
 - iii. Treasurer - someone is interested
 - iv. Secretary
 - v. Zoom Host
- 2. Vice-Chair
 - a. Vice chair is moving on
- 3. Secretary
 - a. Will step out due to life circumstances. Will need a replacement ASAP
- 4. Communications Secretary - No report at this time
- 5. Treasurer - Aida
 - a. **For discussion at the meeting [\[based on letter sent out last month\]](#):**
that we add a \$5000 retreat line item to the 2026 budget, and that this be included as a committed prudent reserve line item.
 - b. There was discussion regarding the possibility of making the retreat a budget line item, but a decision was made to keep it as a reserve fund for the 2026 budget.
- 6. Retreat Committee - Andrea
 - a. [Proposal for retreat planning and funding](#)
 - b. See number 5 above.
- 7. Region 2 (R2) Representatives - No report at this time
- 8. World Service Delegate - Robert M.
 - a. Lots of information came in from the WS business conference. He is happy to share with anyone who is interested.
 - b. Budget is balanced - less taken in and less spent. There are investments. Finances are solid.
 - c. New recommended 7th tradition giving: 50% to intergroup; 40% to WSO; 10% to region 2
 - d. New strategic goals - increase membership - both newcomers and those with strong recovery.
 - i. We've been asked to consider how we can help with this.
 - ii. There is now a young adults committee
 - iii. There are some "elevator" speeches from the conference that can be used as we interact with others. [See the list here](#). See the full final conference [report here](#).
 - e. Social media following has increased by 35%. There is a much greater OA presence on social media.
 - f. All info can be found on the WSO website
- 9. Outreach Committee - Fionn
 - a. Outreach/PIC committee submitted newcomers meetings as events in local papers - San Rafael Saturday meeting in *The Pacific Sun*, Santa Rosa Sunday meeting in *The Bohemian*, and Napa Tuesday night meeting in *The Napa Valley Register*. The event listing is for the first meeting in October in these three locations.
 - b. We're looking forward to members doing service in this committee. Contact us at publicinformation@northbayoa.org
- 10. Events Committee -No report at this time
- 11. Group Reps

- a. Sherrill - one of the Saturday morning meetings that was discontinued has left a huge box of chips for recognition. Do any meetings want to have these? Saturday AM meeting would like to have them. Sherrill will connect with that meeting.

Ongoing Business (9:05-9:15)

1. How are we strengthening and supporting our fellowship? (Standing Agenda Item)
 - a. We need people to step up for intergroup service.
- 2.

New Business (9:15-9:25)

1. Deborah - appointing Lynn H. as Vice-chair for the remainder of 2025
- 2.

Closing (9:25-9:30)

1. Responsibility Pledge
2. Serenity Prayer

[North Bay OA Intergroup Contact List](#)

North Bay OA Intergroup Meets the 3rd Saturday of every month

<https://zoom.us/j/342376608?pwd=YzBNYjFic2lUNlErcDdKeTVOdVIPUT09>

Next IG Meeting October 18, 2025