

North Bay OA Intergroup Meeting Minutes

February 21st, 2026

8:30 am - 9:30 am [via zoom](#) (see below link)

Meeting ID: 342 376 608 Meeting Password: 883177

Lynn H	Chair	Intergroup
Nancy B	Vice Chair	Intergroup
Sarah L	Secretary	Intergroup
Gayle D	Communications Secretary; Group Rep (cover)	Intergroup; Tuesday and Friday 5:30pm
Erica T	R2 Rep	Intergroup
Rena	World Service (Nominee)	Intergroup
Eleanor	Group Rep	Sat 9:30 am #800035 - Online
Dondra	Group Rep	Sun 4:00 pm #57415 - In Person
Brigid F	Group Rep	Sat 10:15 am #22506 - In Person
Juliet E	Group Rep	Mon 7:00 pm #46306 - Online
Sherrill	Group Rep	Thurs 7:30 pm #28652 - Online
Amy	Group Rep	Thurs 7:30 pm #28652 - Online
Kaaren G	Group Rep	Sat 8:15 am #38906 - Online
Ellen	Group Rep	Thurs 6:30 pm #58060 - In Person
Brenda	Group Rep	Tues 9:00 am #48664 - Online
Gretchen L	Group Rep	Mon 1:30 pm #57603 - In Person

Welcome and OA Readings (8:30-8:40)

1. Serenity prayer ("We"): "God, grant us the serenity to accept the things we cannot change, courage to change the things we can, and wisdom to know the difference"
2. Twelve traditions
3. Twelve concepts

Consent Agenda:

1. Approve January, 2026 Minutes - Brenda, Sherrill 2nd, Passed
2. Treasury Report

Board/Committee Reports (8:40-9:05) 3 minutes each

1. Chair: Lynn H.

New email address chair@northbayoa.org, please use moving forward for communications

New business- Nomination for Elections #7

2. Vice-Chair: Nancy B.

No Report

3. Secretary: Sarah L.

No Report

4. Communications Secretary: Gayl D.

No Report

5. Treasurer: Aida

Absent

6. Region 2 (R2) Representatives: Erica T:

Winter Assembly for R2 was 1/31/26: 1. R2 Convention will be virtual only due to low attendance in 2025, impacted reservation fees/contract, \$20,000 penalty charged by hotel; payment plan to pay that fee 2. Winter Assembly virtual and well attended 69% of IGs were represented; 3. Motions: A) Diversity Community Committee- Motion to combine with Outreach Committee due to small numbers and possible duplication of work, Initiative handicap availability, increase ease of ordering spanish literature, Motion Failed 2. Motion to make abstinence requirements of 1 yr for R2 Rep, person that brought it pulled it and will bring next time.

Do not need to be a rep to attend the R2 convention. They are looking for support, too

7. World Service Delegate: **(open): April 20 – 25, 2026**

Nancy: Rena is interested and looking for more information and qualifications, Lynn has been in communication w Rena.

Nancy: Nominated Rena; Lynn seconded the motion

All approved

8. Outreach Committee: Bobbie C.

Absent. See email sent post meeting for updates.

9. Events Committee: **(open)**

Sherrill; Day in OA, please come early if you can , 1p start time "In it for the Long Haul" 4/18, 3 speakers, 4-5 on committee

10. Retreat Committee: Andrea

11. Zoom Tech: Juliet E.

Would like to make it harder for users to rename themselves, message Juliet E if you want to edit. Enable waiting room 15 mins into the meeting,

Group Rep Reports: welcome to new Reps, share information, ask questions & express needs of groups

No New Reps

Brenda: Tue and Fri 9a. Getting people from other areas, but not many non local people taking service positions, inquired if others are experiencing this

Eleanor: Same situation

Lynn: Some training on zoom and tech needs are available on R2?

Julia: volunteered to help train people

Amy: mail readings to members as needed, don't screenshare, alternate screensharing

Nancy: Having people from other areas adds to diversity

Lynn: asking people directly can be very useful, zoom meetings done contribute as much for 7th tradition. World Service and R2 depends on 7th Tradition and sale of literature, insurance for meetings, etc **#1 Shout out (See Below)**

Erica: the virtual region offers 30 mins of tech training prior to the meeting

Discussion on how to gather 7th tradition, use chat, QR code, etc

No Further Group Reports

Ongoing Business (9:05-9:15)

1. How are we strengthening and supporting our fellowship? (Standing Agenda Item)

See prior discussions- involvement in diversity committee and supporting R2 and World Service
Update handicap accessibility on site, add to list, then send to web master, Outreach info from Bobbie, see email

New Business (9:15-9:25)

1. Marin "Intergroup Positions and Responsibilities" doc and Sonoma "Policies and Procedures" doc: to complete the merge

Kaaren, Lynn, Nancy willing to work on. Meetings will be announced,

New Treasurer slips- updated address for sending in checks, etc.

No Other New business

Shout Outs - To be shared with meetings by group reps

★ Shout Out #1

Why your 7th Tradition Matters for In Person AND Virtual Meetings!

Though it may seem we do not need 7th tradition for our own meetings, Intergroup, Region 2 and World Service are all in need of 7th Tradition donations. The funds we contribute go to paying for the websites, insurance, production of literature, events at all 3 levels, assemblies, conventions, translators for our fellows in Mexico (part of Region 2), and maintaining professional staff at World Service, among other expenses. These service bodies keep OA fully functioning and able to support the Groups as needed. Thank you so much for your regular contributions.

Your 7th Tradition matters!

★ Shout Out #2

Region 2 Unity Day 2026

Saturday, February 28th 9a-11a

Zoom Meeting ID 845 6948 4840

Password R2Unity

\$5 Suggested Donation

★ Shout Out #3

North Bay OA – Public Information & Outreach Share-Out

✨ Call for Service: If anyone from the Marin fellowship would like to help with outreach for Marin County, we would love to have you join us.

Meeting Details:

- 📅 Second Sunday of each month, March 8
- 🕒 8:30 a.m. - 9:15 a.m.
- Via Zoom -
<https://us02web.zoom.us/j/89800776772?pwd=n7OQlqaLj4wSOgxeA9akdkHQnvyjs0.1>
Meeting ID: 898 0077 6772
Passcode: 436400

1. Responsibility Pledge: "...Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible."

2. OA Promise; "I put my hand in yours....."

North Bay OA Intergroup Meeting 3rd Saturday of every month

<https://zoom.us/j/342376608?pwd=YzBNYjFic21UN1ErcDdKeTVOdVIPUT09>

Next IG Meeting DATE, March 21, 2026